



ACTIVITY - Dinghy Sailing

MINIMUM INSTRUCTOR QUALIFICATION - RYA Dinghy Instructor

PERFORMED BY
Date

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INSTRUCTOR : PARTICIPANT RATIO - 1:6 Boats 1:9 participants

Risk	Measures to Minimise Risk
Entanglement in rigging following capsize	<ul style="list-style-type: none"> • All safety packs contain a knife, and a safety pack is on every session. • Instructors have the necessary qualifications to deal with the situation. • Participants briefed as part of the capsize drill prior to activity starting. • Safety boats ready to attend. • Ensure ratios maintained.
Capsize	<ul style="list-style-type: none"> • Participants briefed and shown the capsize drill prior to going on the water. • Instructors close by to assist. • Ensure ratios are maintained.
Collisions with other sail craft	<ul style="list-style-type: none"> • Instructors to teach 'Rules of the Road' to participants at earliest opportunity. • Instructors to set designated sailing area to operate in. • Ensure ratios are maintained.
Injury sustained whilst afloat	<ul style="list-style-type: none"> • All Instructors are first aid trained and first aid pack in all safety boats. • Ensure constant supervision & effective group control. • Helmets to be worn at the instructor's discretion. • Ensure all participants know how to sail craft correctly. • Safety boats ready to attend. • Ensure ratios are maintained.



Hazard	Measures to Minimize Risk
Injury sustained whilst on-land	<ul style="list-style-type: none"> • Instructors to brief and supervise getting out craft, manoeuvring craft, rigging craft, and returning craft to the compound. • Areas that are going to be used are to be checked for tripping and slipping hazards prior to activity. • Ensure ratios are maintained. • Ensure that any manoeuvring of equipment is done within the manual handling guidelines Stated in the HLAC Operating Procedures .
Falling out of boat	<ul style="list-style-type: none"> • Participants briefed by instructors prior to going afloat on what to do in the situation. • Instructors and safety boats close by to assist.
Drowning	<ul style="list-style-type: none"> • Full safety brief given prior to activity starting. • Correct safety and rescue techniques taught. • Continuous and effective supervision by instructors. • Correct clothing and buoyancy aids worn. • Ensure all medical requirements of students are understood by staff. • Ensure all staff have the correct first aid training .
Moving parts of the boat	<ul style="list-style-type: none"> • Helmets to be worn at the instructor's discretion. • Correct powerboat handling by instructors. • Ensure brief is given on moving parts of the boat. • Ensure staff are first aid trained. • Ensure boats are maintained to a good working order .