



ACTIVITY - Kayak & Canoe

MINIMUM INSTRUCTOR QUALIFICATION - BCU UKCC L1, New Paddle sports Instructor(2019)

PERFORMED BY
DATE

Laurence James
09/01/19

INSTRUCTOR : PARTICIPANT RATIO - 1:8 (Kayak) 1:8 (Solo Canoe) 1:12 (Tandem Canoe)

Risk	Measures to Minimise Risk
Hit by paddles	<ul style="list-style-type: none"> • Full safety brief and demonstration on correct use of equipment. • Helmets to be worn if less than 16 years old. • Ensure effective group control and supervision. • Ensure ratios maintained.
Capsize & Entrapment	<ul style="list-style-type: none"> • Full safety brief and demonstration given to participants prior to going afloat on what to do in the event of a capsize. • Ensure effective group control and supervision. • Ensure ratios maintained. • All craft checked for hazards and faults prior to going afloat.
Injury whilst afloat	<ul style="list-style-type: none"> • Instructors hold relevant qualifications. • Ensure effective group control and supervision. • Ensure ratios are maintained.
Injury whilst on-land	<ul style="list-style-type: none"> • Full safety brief on how to carry and manoeuvre craft and equipment. • Instructors to supervise getting out the craft and equipment. • All manoeuvring of craft and equipment to be done following the manual handling guidelines. • Area of operation checked for slipping, tripping hazards prior to activity starting.
Drowning	<ul style="list-style-type: none"> • Full safety brief given prior to activity starting. • Correct safety and rescue techniques taught. • Continuous and effective supervision by instructors. • Correct clothing and buoyancy aids worn. • Ensure all medical requirements of students are understood by staff. • Ensure all staff have the correct first aid training.



watersports for all

