



ACTIVITY - Orienteering

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-House Trained

PERFORMED BY
DATE

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09/01/19

INSTRUCTOR : PARTICIPANT RATIO - 1:12

Risk	Measures to Minimise Risk
Getting Lost	<ul style="list-style-type: none"> • Map reading skills to be taught prior to participants going off in their groups. • Map and whistle provided to participants, whistle used if they need assistance. • Participants are to report to Instructors at regular intervals throughout activity. • Full safety brief and clear operational area shown to participants prior to activity starting. • Instructors placed at regular intervals over course to assist. • Participants to stay in groups of threes at all times.
Injury whilst moving around site	<ul style="list-style-type: none"> • Participants given full safety briefing prior to activity starting. • Operational area checked for any hazards prior to activity starting.