



ACTIVITY - Sit On Top Kayaking

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-House Trained

PERFORMED BY  
DATE

Laurence James  
09/01/19

INSTRUCTOR : PARTICIPANT RATIO - 1:12

Risk	Measures to Minimise Risk
Injury sustained whilst carrying, lifting or manoeuvring craft.	<ul style="list-style-type: none"> <li>• Full safety brief given prior to activity starting.</li> <li>• Rollers fitted to stern on the craft to limit the need to carry or lift craft.</li> <li>• Instructors close by to assist if necessary.</li> <li>• Instructors trained in manual handling.</li> </ul>
Entrapment under capsized craft	<ul style="list-style-type: none"> <li>• Full safety brief given and capsize drill demonstrated on land prior to going afloat.</li> <li>• Ensure instructors have good group control and effective supervision at all times.</li> </ul>
Injury afloat	<ul style="list-style-type: none"> <li>• Helmets to be worn if under 16yrs old.</li> <li>• Good group control and constant supervision by instructor.</li> <li>• Full safety brief given prior to activity starting.</li> <li>• Safety poster to be read by casual hire users prior to going afloat.</li> <li>• Safety boat close by ready to assist if needed.</li> </ul>
Loss of control in strong winds	<ul style="list-style-type: none"> <li>• Safety boat close by ready to assist.</li> <li>• Instructor to use safest area/sheltered area where possible.</li> </ul>
Drowning	<ul style="list-style-type: none"> <li>• Full safety brief given prior to activity starting</li> <li>• Correct safety and rescue techniques taught</li> <li>• Continuous and effective supervision by instructors</li> <li>• Correct clothing and buoyancy aids worn</li> <li>• Ensure all medical requirements of students are understood by staff</li> <li>• Ensure all staff have the correct first aid training</li> </ul>