

ACTIVITY - Dinghy Sailing

MINIMUM INSTRUCTOR QUALIFICATION - RYA Dinghy Instructor

PERFORMED BY

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Date

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INSTRUCTOR : PARTICIPANT RATIO - 1:6 Boats 1:9 participants

Risk	Measures to Minimise Risk
Entanglement in rigging following capsize	<ul style="list-style-type: none"> <li>• All safety packs contain a knife, and a safety pack is on every session.</li> <li>• Instructors have the necessary qualifications to deal with the situation.</li> <li>• Participants briefed as part of the capsize drill prior to activity starting.</li> <li>• Safety boats ready to attend.</li> <li>• Ensure ratios maintained.</li> </ul>
Capsize	<ul style="list-style-type: none"> <li>• Participants briefed and shown the capsize drill prior to going on the water.</li> <li>• Instructors close by to assist.</li> <li>• Ensure ratios are maintained.</li> </ul>
Collisions with other sail craft	<ul style="list-style-type: none"> <li>• Instructors to teach 'Rules of the Road' to participants at earliest opportunity.</li> <li>• Instructors to set designated sailing area to operate in.</li> <li>• Ensure ratios are maintained.</li> </ul>
Injury sustained whilst afloat	<ul style="list-style-type: none"> <li>• All Instructors are first aid trained and first aid pack in all safety boats.</li> <li>• Ensure constant supervision &amp; effective group control.</li> <li>• Helmets to be worn at the instructor's discretion.</li> <li>• Ensure all participants know how to sail craft correctly.</li> <li>• Safety boats ready to attend.</li> <li>• Ensure ratios are maintained.</li> </ul>



Hazard	Measures to Minimize Risk
Injury sustained whilst on-land	<ul style="list-style-type: none"> <li>• Instructors to brief and supervise getting out craft, manoeuvring craft, rigging craft, and returning craft to the compound.</li> <li>• Areas that are going to be used are to be checked for tripping and slipping hazards prior to activity.</li> <li>• Ensure ratios are maintained.</li> <li>• Ensure that any manoeuvring of equipment is done within the manual handling guidelines Stated in the HLAC Operating Procedures .</li> </ul>
Falling out of boat	<ul style="list-style-type: none"> <li>• Participants briefed by instructors prior to going afloat on what to do in the situation.</li> <li>• Instructors and safety boats close by to assist.</li> </ul>
Drowning	<ul style="list-style-type: none"> <li>• Full safety brief given prior to activity starting.</li> <li>• Correct safety and rescue techniques taught.</li> <li>• Continuous and effective supervision by instructors.</li> <li>• Correct clothing and buoyancy aids worn.</li> <li>• Ensure all medical requirements of students are understood by staff.</li> <li>• Ensure all staff have the correct first aid training .</li> </ul>
Moving parts of the boat	<ul style="list-style-type: none"> <li>• Helmets to be worn at the instructor's discretion.</li> <li>• Correct powerboat handling by instructors.</li> <li>• Ensure brief is given on moving parts of the boat.</li> <li>• Ensure staff are first aid trained.</li> <li>• Ensure boats are maintained to a good working order .</li> </ul>