

ACTIVITY - Sit On Top Kayaking

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-House Trained

PERFORMED BY

Laurence James

DATE

09/01/19

INSTRUCTOR : PARTICIPANT RATIO - 1:12

Risk	Measures to Minimise Risk
Injury sustained whilst carrying, lifting or manoeuvring craft.	<ul style="list-style-type: none"> • Full safety brief given prior to activity starting. • Rollers fitted to stern on the craft to limit the need to carry or lift craft. • Instructors close by to assist if necessary. • Instructors trained in manual handling.
Entrapment under capsized craft	<ul style="list-style-type: none"> • Full safety brief given and capsize drill demonstrated on land prior to going afloat. • Ensure instructors have good group control and effective supervision at all times.
Injury afloat	<ul style="list-style-type: none"> • Helmets to be worn if under 16yrs old. • Good group control and constant supervision by instructor. • Full safety brief given prior to activity starting. • Safety poster to be read by casual hire users prior to going afloat. • Safety boat close by ready to assist if needed.
Loss of control in strong winds	<ul style="list-style-type: none"> • Safety boat close by ready to assist. • Instructor to use safest area/sheltered area where possible.
Drowning	<ul style="list-style-type: none"> • Full safety brief given prior to activity starting • Correct safety and rescue techniques taught • Continuous and effective supervision by instructors • Correct clothing and buoyancy aids worn • Ensure all medical requirements of students are understood by staff • Ensure all staff have the correct first aid training