

ACTIVITY - Canoes

MINIMUM INSTRUCTOR QUALIFICATION - (Taster Session) HLAC In-House Trained
(Training) BCU Instructor

PERFORMED BY - David Wooldridge
DATE - 05/02/2021

INSTRUCTOR : PARTICIPANT RATIO - Taster Session 1:12 Training - 1:8

Risk	Who Might Be Harmed	Measures to Minimise Risk
Injury from paddles	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety brief given prior to start of activities. • Helmets to be worn by all under 16s. • Ensure effective group control and supervision. • Ensure Instructor : participant ratios are maintained.
Capsize and entrapment	Participants	<ul style="list-style-type: none"> • Full safety brief given prior to start of activities, including what to do in the event of a capsize. • Ensure effective group control and supervision. • Ensure Instructor : Student ratios are maintained. • Regular kit checks.
Injury whilst afloat	Participants	<ul style="list-style-type: none"> • Full safety brief given prior to going afloat. • Ensure effective group control and supervision by instructors throughout activities. • Ensure Instructor : Participant ratios are maintained throughout activities. • Helmets to be worn by all participants under 16. • Buoyancy aids to be worn by all participants.
Injury whilst on land	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety brief given prior to start of activities. • Instructors trained in the relevant manual handling guidelines. • Instructors to supervise getting out craft and equipment. • Area of operation to be checked for slips and trips hazards prior to start of activities.
Drowning	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety brief given prior to start of activities. • Correct clothing and Buoyancy aids to be worn by all participants on the water. • Radios to be carried by all instructors. • Instructors to be trained in the relevant rescue techniques. • Instructors to hold the relevant first aid qualifications. • Ensure all medical qualifications are understood by instructors. • Continuous and effective supervision by instructors throughout activities. • First aid kit available in the building.