

ACTIVITY - Dinghy Sailing

MINIMUM INSTRUCTOR QUALIFICATION - RYA Dinghy Instructor (DI)
RYA Assistant instructor (AI) to assist

PERFORMED BY - David Wooldridge
DATE - 20/01/20

INSTRUCTOR : PARTICIPANT RATIO - DIs - 1:6 Boats 1:9 Participants AIs - 1:3 Participants (Assisting a DI) & Senior Instructor on Site while participants are afloat.

Risk	Who Might Be Harmed	Measures to Minimise Risk
Entanglement	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety briefing given prior to start of activity. • Safety pack in all powerboats containing a knife. • Instructors to carry a knife in their buoyancy aid. • Safety boats in close proximity at all times. • Instructors trained to deal with entanglement situations. • Instructors to hold relevant first aid qualification. • Ensure Instructor ratios are maintained at all times. • All participants to wear suitable clothing and buoyancy aids
Capsize	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety briefing prior to start of activity. • Safety boats in close proximity at all times. • Instructors trained to deal with capsize recovery. • Ensure Instructor ratios are maintained at all times. • Safety Pack in all powerboats containing first aid kit. • All participants to wear suitable clothing and buoyancy aids
Injuries sustained on the water	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety briefing given prior to start of activity. • Safety pack in all powerboats containing first aid kit. • Under 16s to wear Helmets. • All participants to wear suitable clothing, footwear and buoyancy aids. • Instructors hold relevant first aid qualification. • Member of staff on land, trained in calling the emergency services, and first aid contactable by radio.
Collisions with other craft	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety briefing given prior to start of activity. • Participants instructed to avoid collisions at all costs from the start. • Participants taught the 'Rules of the Road' at earliest opportunity. • Ensure instructor ratios are maintained. • Sail area to be set prior to going afloat.
Injuries sustained on land	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety briefing given prior to the start of Activities. • Instructor(s) to ensure that manual handling guidelines are followed at all times. • Ensure equipment is checked regularly. • Instructor(s) to supervise manoeuvring craft to and from the boat compound and rigging craft. • Instructor(s) to have relevant first aid training, and a first aid kit in the building.

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RYA Assistant instructor (AI) to assist

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DATE - 20/01/21

INSTRUCTOR : PARTICIPANT RATIO - DIs - 1:6 Boats 1:9 Participants AIs - 1:3 Participants (Assisting a DI)

Risk	Who Might Be Harmed	Measures to Minimise Risk
Falling out of a sailing dinghy	Participants	<ul style="list-style-type: none"> • Full safety briefing given prior to the start of Activity. • Safety boat in close proximity with safety kit on-board at all times. • Appropriate clothing and buoyancy aids to be worn by all participants. • Instructors trained to deal with the situation. • Instructors to hold relevant first aid qualification. • Member of staff on land, trained on calling the emergency services, and first aid.
Drowning	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Full safety brief given prior to the start of Activity. • Safety boat in close proximity. • Ensure instructors have the training to deal with rescue and recovery techniques. • Instructor(s) to hold relevant first aid qualification. • Member of staff on land, trained in calling the emergency services, and first aid. • At least one Instructor per group to have a radio and carry out a radio check with Duty Manager/Senior Instructor
Harm from powerboats	Participants Volunteers Instructors	<ul style="list-style-type: none"> • All instructors driving a powerboat MUST hold a current RYA Level 2 powerboat License and take part in a HLAC specific powerboat induction. • Safety-boats only to be used for their purpose as safety boats and teaching platforms. • All safety-boat helms to wear kill chords at all times when the engine is running. • All safety-boats to undertake regular checks.
Medical conditions	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Ensure all medical requirements are understood by staff • Continuous supervision by Instructors • Ensure all instructors hold a relevant first aid qualification. • At least one instructor per group to carry a working radio at all times, and completed a radio check with the Duty Manager/Senior Instructor