

ACTIVITY - Orienteering

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-house Trained

PERFORMED BY - David Wooldridge
DATE - 20/01/21

INSTRUCTOR : PARTICIPANT RATIO - 1:12

Risk	Who Might Be Harmed	Measures to Minimise Risk
Getting Lost	Participants Volunteers Staff	<ul style="list-style-type: none"> • Full safety brief given Prior to Activity starting. • Clear Operational area shown to participants prior to Activity starting. • Participants provided with map, whistle and Centre phone number. • Participants to report to an instructor at regular intervals throughout the Activity • Instructors at regular intervals over the course to assist participants.
Slips and trips	Participants Volunteers Staff	<ul style="list-style-type: none"> • Full Safety brief given prior to Activity starting. • Where participants are out of sight, groups of three are maintained at all times. • Operational area checked for hazards prior to Activity starting. • Ensure Instructors hold relevant First Aid qualification.
Medical conditions	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Ensure all medical requirements are understood by staff • Continuous supervision by Instructors and if participants are out of sight, they are to be in groups of 3 minimum. • Ensure all instructors hold a relevant first aid qualification. • At least one instructor per group to carry a working radio at all times, and completed a radio check with the Duty Manager/Senior Instructor.