

ACTIVITY - Sit On Top Kayaking

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-House Trained

PERFORMED BY - David Wooldridge

DATE - 20/01/21

INSTRUCTOR : PARTICIPANT RATIO - 1:12

Risk	Who Might Be Harmed	Measures to Minimise Risk
Injury sustained whilst carrying, lifting or manoeuvring craft.	Participants Volunteers Staff	<ul style="list-style-type: none"> • Full safety brief given prior to activity starting. • Rollers fitted to stern on the craft to limit the need to carry or lift craft. • Instructors close by to assist if necessary. • Instructors trained in manual handling.
Entrapment under capsized craft	Participants Volunteers Staff	<ul style="list-style-type: none"> • Full safety brief given and capsize drill demonstrated on land prior to going afloat. • Ensure instructors have good group control and effective supervision at all times. • Ensure all Instructors are Trained to deal with Entrapment situations.
Injury afloat	Participant Volunteers Staff	<ul style="list-style-type: none"> • Helmets to be worn if under 16yrs old. • Good group control and constant supervision by instructor. • Full safety brief given prior to activity starting. • Safety poster to be read by casual hire users prior to going afloat. • Safety boat on the water ready to assist if needed.
Loss of control in strong winds	Participants Volunteers	<ul style="list-style-type: none"> • Safety boat on the water ready to assist. • Instructor to use safest area/sheltered area where possible.
Drowning	Participants Volunteers Staff	<ul style="list-style-type: none"> • Full safety brief given prior to activity starting. • Correct safety and rescue techniques taught. • Continuous and effective supervision by instructors. • Correct clothing and buoyancy aids worn. • Ensure all medical requirements of students are understood by staff. • Ensure all staff have the correct first aid training.

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Risk	Who Might Be Harmed	Measures to Minimise Risk
Medical conditions	Participants Volunteers Instructors	<ul style="list-style-type: none"> • Ensure all medical requirements are understood by staff • Continuous supervision by Instructors • Ensure all instructors hold a relevant first aid qualification. • At least one instructor per group to carry a working radio at all times, and completed a radio check with the Duty Manager/Senior Instructor