

ACTIVITY - Dragon Boating

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-House Assessed

(Assessed by a Paddlesports Coach/UKCC level 2 with PSRC trainer or BDA Dragon Boat Centre Coach Level 2)

or BDA Basic Dragon Boat Helm

INSTRUCTOR : PARTICIPANT RATIO - 1:24

PERFORMED BY - Laurence James

DATE - 24/03/2025

Risk	Who Might Be Harmed	Measures to Minimise Risk
Capsize	Participants, Volunteers, Instructors,	<ul style="list-style-type: none"> • Full safety brief given prior to start of activity, including “Number Off”. • Buoyancy aids/life jackets to be worn by everyone on the water. • Ensure effective group control is maintained by instructors at all times. • Ensure Instructor : Participant ratios are maintained throughout sessions. • Instructors trained to deal with a capsize situation. • Safety boat on standby on the water parked next to the jetty with a safety pack with a Powerboat driver who has been trained on how to rescue Dragon Boats. • Radio to be carried by an instructor in each boat. • Instructors to hold relevant first aid qualification.
Falling out of boat	Participants, Volunteers, Instructors.	<ul style="list-style-type: none"> • Full safety brief given prior to start of activity. • Ensure Instructor:Participant ratios are maintained. • Instructors trained to recover participants from the water. • Safety boat on standby on the water parked next to the jetty with a safety pack with a Powerboat driver who has been trained on how to rescue Dragon Boats. • Ensure effective group control is maintained by instructors at all times. • Buoyancy aids/Life jackets to be worn by everyone on the water. • Instructors to hold relevant first aid qualification. • Instructors to carry a radio at all times.
Injury whilst entering/ exiting the boats.	Participants, Volunteers, Instructors.	<ul style="list-style-type: none"> • Full safety brief given prior to start of activity. • Instructors to supervise and assist participants onto and off of the boats. • Participants to get on and off of the boat one at a time. • Ensure Instructor:Participant ratios are maintained. • Instructors to carry a radio at all times.

Entrapment of body parts i.e. fingers.	Participants, Volunteers, Instructors.	<ul style="list-style-type: none"> • Full safety briefing given prior to start of activity. • Clear instructions given by Instructor when leaving and returning to the jetty. • First aid kit available in building and safety boats. • Instructors to hold relevant first aid qualification. • Instructors to carry a radio at all times.
Injury caused by paddle.	Participants, Volunteers, Instructors.	<ul style="list-style-type: none"> • Full safety briefing given prior to start of activity. • Demonstration of correct paddle use to be given by instructor. • Instructors to carry a radio at all times. • First aid kit available in the building and powerboats.
Risk	Who Might Be Harmed	Measures to Minimise Risk
Drowning	Participants, Volunteers, Instructors	<ul style="list-style-type: none"> • Full safety brief given prior to start of activity. • Instructors to have relevant rescue training. • Continuous and effective supervision by instructors. • Correct clothing and buoyancy aids worn. • Ensure all medical requirements are understood by Instructors. • Instructors to have a relevant first aid qualification. • All instructors to carry a radio.
Medical Emergency on the water	Participants, Volunteers, Instructors	<ul style="list-style-type: none"> • Ensure all medical requirements are understood by the relevant instructors. • First aid kit in each safety boat and the building. • All instructors to carry a radio. • Safety boat on standby on the water parked next to the jetty with a safety pack with a Powerboat driver who has been trained on how to rescue Dragon Boats.
Collision	Participants, instructors, volunteer, third-party	<ul style="list-style-type: none"> -Participants are briefed on the “stop the boat” command -Instructor to practise the “stop the boat” command with the participants -Instructors to remain aware of their surroundings and ensure they have sufficient time to stop and prevent collisions. -Instructors to ensure that the race area is clear of third party water users before starting a race. -Instructors should maintain group control at all times and stop the session if necessary.

