

ACTIVITY - Orienteering

PERFORMED BY- Laurence James

MINIMUM INSTRUCTOR QUALIFICATION - HLAC In-Housed Assessed

DATE - 24/03/2025

INSTRUCTOR : PARTICIPANT RATIO - 1:24

Risk	Who Might Be Harmed	Measures to Minimise Risk
Injury from tile clippers	Participants, volunteers	<ul style="list-style-type: none"> <li>Brief participants to avoid putting fingers in the clippers-use on punch cards only</li> </ul>
Weather	Participants, volunteers, Instructors, Third parties	<ul style="list-style-type: none"> <li>Suitable for all weather except thunder and lightning or low vision</li> <li>Standard adverse weather plans apply if thunder and lightning happen</li> <li>Ensure participants have weather appropriate clothing and equipment-sun hats, woolly hats, gloves, coats, sun cream etc</li> <li>Trainers or boots to be worn-no water shoes or open toes</li> </ul>
Slips, trips, and falls	Participants, Instructors	<ul style="list-style-type: none"> <li>Instructor to inspect areas they are going to be using for new hazards.</li> <li>Full safety brief given prior to activity starting.</li> <li>Instructors to perform dynamic risk assessments throughout the session.</li> <li>Full supervision required at all times.</li> </ul>
Losing sight of children or control of group	Participants	<ul style="list-style-type: none"> <li>Control card to be used by instructor every session</li> <li>Brief participants to come back when they hear or see an agreed signal, e.g. whistle</li> <li>Participants to wait with instructor when finished</li> <li>Groups of 4 minimum to go out to a point. In case of an accident, brief group for 1 to stay with casualty and 2 to come back to meeting point to instructor</li> <li>No group to go onto the dog walk or trail around the lake or onto the car park</li> </ul>
Splinters from wooden elements	Participants, Instructors	<ul style="list-style-type: none"> <li>Full safety brief given prior to start of activity.</li> <li>Instructors to check all equipment prior to use.</li> </ul>
Any other injury	Participants, Instructors	<ul style="list-style-type: none"> <li>Safety brief given prior to activity start.</li> <li>Equipment to be checked for hazards prior to use.</li> <li>Instructor to supervise the group at all times.</li> </ul>

